Respectfully Guiding Caregiving Decisions

When you need caregiving guidance and answers, you want someone that you can depend on. At Pathfinder Care Management we are committed to providing you with knowledgeable and trustworthy caregiving advice.

What is a Pathfinder Care Manager?

A Pathfinder Care Manager is a registered nurse or licensed social worker who has obtained a graduate degree or advanced certification in gerontology. Our Care Managers have over 100 years of combined experience in supporting older adults, persons with disabilities and their families. We are your expert consultants and advocates.

What can a Pathfinder Care Manager do?

A Pathfinder Care Manager can be your guide in identifying needs and strengths, navigating options and coordinating resources to maintain your quality of life and independence.

Why Pathfinder Care Management?

Since 2002 we have been recognized by the senior care industry as a leader in providing expert short-term or ongoing individualized care services for older adults in the Minneapolis/St. Paul metro area. We are committed to continue giving objective*, expert and trustworhty caregiving advice.

* Pathfinder Care Management is not affiliated with any other healthcare provider and referral fees are never accepted or paid.

Does This Sound Familiar?

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I feel like we need an 'insider' on our side who can make sure we're getting the best possible treatment.

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Between the doctors, the pharmacies, the rental agencies, and the insurance, I feel tied in knots — and it is consuming a lot of my time.

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We need an objective third party who can help all of us agree on what is best for our family.

Because we do most anything a caring family member would do for an elder, many of our clients think of us as their "Rent A Daughter™."





Owner/Care Manager Kathleen Dempsey, R.N., BSN, Gero-BC., founded Pathfinder Senior Care Consulting in 2002 out of a desire to provide excellent advocacy and care consulting to seniors and their families.

Kathleen and her team of Care Managers who are Registered Nurses and Licenses Social Workers remain committed to providing the best care management services while respectfully guiding caregiver decisions.

To schedule an initial consultation, please call 612-729-9096 or contact info@pathfindergcm.com.





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Our Professional Services & their Benefits to You



Health Care Coordination

We attend appointments and advocate with doctors and healthcare providers to ensure understanding and approval of the treatment in a timely manner.

Benefits: Clarity On Medical Issues and an Insider On Your Side



Service Options

Create a tailored care plan including recommendations regarding medical and healthcare issues, senior community resources, residence options, financial and legal planning, and more.

Benefit: Individualized Plan Detailing Coordinated Services



Family & Caregiver Support

Offer coaching, act as liaison for out of town family members. We help families reach consensus regarding care, avoid burn-out, and identify coping strategies.

Benefits: Personalized Support and Centralized Communication



Financial & Legal Issues

Complete, review and assist with the organization and submission of claims, forms and bills to ensure maximizing of benefits.

Benefit: Cost Savings



Housing Options

Assist with maximizing independence by coordinating services, such as home health services, elder law attourneys, daily bill paying, groceries/meal preparation, transportation, medication, and personal care assistance.

Benefits: Access To Our Highly Trusted Referrals and **Coordination of Services**



Home Safety

Assess current strengths and needs, functionality of home and offer recommendations for livability.







On-Call Advocate

An annual subscription program for those who want to be prepared for a caregiving emergency.

Are you ready for the peace-of-mind that comes from proactive planning?

When you subscribe to the On-Call Advocate Program, a Pathfinder Care Manager will meet with you and prepare a file that will contain your important information.

Then, in the event of a crisis or emergency situation, you can have peace-of-mind knowing that your Pathfinder Care Manager will be available to you 24 hours a day, 365 days a year, with your up-to-date information.

A subscription to our On-Call Advocate program can be your safety net!

We'll be ready to be at your side, with you and your family:

Advocating | Supporting | Guiding

The affordable annual fee for our On-Call Advocate subscription is billed after your initial information-gathering session with a Care Manager. The annual fee includes quarterly updates by the Care Manager via email or phone with the client and/or concerned party, quarterly client file updating, and an annual in-person client visit by the Care Manager.

"You have provided our family with a sense of security knowing you are available if problems arise for our mom. Thank you for always being there when we can't."

For more details, questions or to schedule your initial meeting, please call 612-729-9096



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